

SEPTEMBER
05

Garden grazers can get their fix at **Greenz** (3808 McKinney Ave., 214.726.7788; 15615 Quorum Dr., Addison, 972.385.7721). Unlike the usual buffet-style salad stops that can leave you more than a little confused, the casual eatery offers gourmet made-to-order salads à la carte. The original McKinney location is a frequent lunch and dinner stop for Uptown dwellers, while the new Addison location takes care of North Dallas residents' salad cravings.

Whet your appetite with the Spinach Pinwheels. These bite-size starters are made with baby spinach, goat cheese and candied pecans. And when you're ready to move on to the salad selections, you can take your pick from the leaf-loaded veggie lover's salads like the Apple Walnut with brie pastries or the heartier carnivorous fare such as the Bar None. Perhaps not the first choice for ladies-who-lunch, but a more to the liking of men-who-munch, the Bar None is a hit with meat lovers—fresh mixed greens, ripe Roma tomatoes and roasted nuts are tossed with wheat beer vinaigrette and topped with a grilled flank steak. Non-carb counters will want to break a piece or two off of the edible pretzel bowl it's served in.

32 frontdesk



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WELL FED

Eat a fast fix without giving any gift
by Kristin Adams
photography by David LaRocca

bite-size starters are made with **baby spinach, goat cheese and candied pecans**

fresh mixed greens are **tossed with wheat beer vinaigrette and topped with a grilled flank steak**



Chiliotle chicken salad at Greenz



Greenz

